

**Nehru Wangchuck Cultural Centre
(Embassy of India, Thimphu)**

Registration for Yoga classes

Date: _____

Name (in block letters): _____

Gender: _____

D.O.B: _____

Nationality: _____

Address: _____

Contact no/CID no.: _____ / _____

Email ID: _____

Passport sized
photograph

Preference:

- Preliminary level
- Intermediate level

Yoga Classes:

Timing : (Monday – Friday)

Morning

- **Session 1:** 09:30 AM - 10:30 AM
- **Session 2:** 10:30 AM - 11:30 PM

Evening

Session 3: 04:00 PM - 05:00 PM
(Kids winter camp)
Session 4: 05:15 PM - 06:15 PM

Medical ailments:

Please Specify:

Kindly Note:

- * A monthly fee of Nu. 100 would require to be paid to Nehru Wangchuck Cultural Centre
- * Kindly bring your personal yoga mats for hygienic reasons.