

**Nehru - Wangchuck Cultural Centre  
(Embassy of India, Thimphu)**

**Registration For Yoga Classes**

**Date:** \_\_\_\_\_

**Name(In block Letters):** \_\_\_\_\_

**Gender:** \_\_\_\_\_

**D.O.B:** \_\_\_\_\_

**Nationality:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

<b>2 passport size photographs</b>
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**Contact No/CID No:** \_\_\_\_\_/.....

**Email ID:** \_\_\_\_\_

**Preference:**

- Preliminary level
- Intermediate level

**Yoga Classes:**

**Timing: (Monday – Friday)**

**Morning**

- **Session 1:** 08:45 am to 09:45 am
- **Session 2:** 10:00 am to 11:00 am  
(except on Wednesday)

**Evening**

- Session 3:** 04:15 pm to 05:15 pm
- Session 4:** 05:30 pm to 06:30 pm

**Saturday (master yoga class)**

08:00 am to 09:30 am

**Medical ailments:**

**Please specify:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Kindly Note:**

- \*A monthly fee of Nu 100 would require to be paid to Nehru-Wangchuck Cultural Centre.
- \*Kindly bring your personal yoga mats for hygienic reasons.